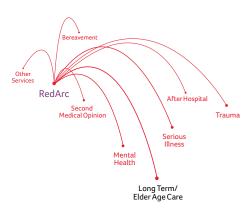


## Long Term/Elder Age Care



We have significant experience in helping people to find the right long term care for their loved ones. Providing important practical information as well as emotional support for families at this uncertain time.

The same Personal Nurse Adviser is available by telephone on an unlimited, ongoing basis and the ways they can help are many and varied, here are a few examples:

- Assistance and guidance in sourcing appropriate long term care e.g. accommodation in residential care home, nursing home
- Help with navigating the system so that supportive local services can be accessed
- Information and advice on home adaptations/ specialist equipment
- Information explaining the financial implications
- Accompanied visits to view homes may be arranged if required
- Liaison with family members, carers

Integrated services will be tailored to the circumstances but may include counselling for a family member, specialist equipment or assessment by an Occupational Therapist

"The number of people aged 85 and over (the group most likely to need care) has increased by 30 per cent between 2005 and 2014."

Age UK, Care in Crisis 2014

Case Study	Mrs L was recently widowed and was very aware that she really couldn't manage at home on her own.
	Her daughter lived over 150 miles away and had her own family and a full time job. She telephoned her mum regularly but was not able to visit as much as she would like.
	Mrs L telephone her RedArc Personal Nurse Adviser to ask for advice, saying that she wanted to look for a residential care home but did not know where to start.
	Her nurse undertook extensive research and was able to provide details of local homes, and included a lot of relevant information so that Mrs L could make an informed decision; she particularly wanted somewhere that had activities, and access to a local church. Mrs L shared all this information with her daughter, and they were able to make appointments to visit, and immediately went on two waiting lists.
	The Personal Nurse Adviser directed Mrs L to the appropriate agencies so that funding could be reviewed and arranged.
	Mrs L is very happy in her new home, although it did take a bit of getting used to. She was able to speak to her nurse after the move.
	"I was finding it difficult and I was really emotional when we were thinking about a residential home for Dad, but it made all the difference talking to you. You answered all my questions and made it less daunting."

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