

Inca berries - dried

The Inca berry is from the *Physalis* plant grown mainly in South American countries and is also known as Golden berry, Aguaymanto berry, Cape Gooseberry and Aztec berry.

It is a small round fruit with a distinct flavour. It has an orange colour and like the Goji berry it is rich in many vitamins including vitamin C, vitamin A, B6 & B12 with a high level of antioxidants and protein.

The product is extremely nutritious and is beneficial in helping to maintain a healthy immune system.

Our Inca berries are 100% natural and are sun dried at source.

Typical Inca berry Analysis

Test item	Result
Source	Physalis plant
Appearance & colour	Orange brown - similar to raisin
Flavour	Sweet - acid
Moisture	10-14%
Aerobics (UFC/g)	53x10 ²
Yeast (UFC/g)	Less than 10
E.coli	Absent
Salmonella	Absent

Origin: Ecuador

Application: The berries may be eaten directly as a snack at any time,

mixed with cereal or blended into smoothies or yoghurt

Pack sizes available: 250 gms packed in resealable foil pouch

500 gms packed in resealable foil pouch 1 kg packed in resealable foil pouch

Storage: Store in cool dry place in sealed container away from light

Disclaimer

The information provided here is based on that provided by traditional Chinese medicine sources.

Cyte Essentials accepts no responsibility for its accuracy nor do we accept responsibility for the use or effects of any product. If you have a condition that requires medical care consult a qualified physician. Inform your doctor before taking any herbal supplements if you are already taking prescribed medicines.

