

## MSM powder (Methylsulfonylmethane)

MSM or organic sulphur is important for the promotion of healthy bones, skin, nails and hair as well as maintaining flexible joints and tone and strength to muscles.

MSM can be beneficial when taken as a dietary supplement as it helps restore organic sulphur levels so the body can maintain normal functions.

Cyte Essentials MSM is synthetically produced 100% pure crystalline powder. There are no fillers, flow or bulking agents that are often present in some products. Consequently some clumping of the product may occur. This is normal and the lumps can easily be dispersed with the back of a spoon or by shaking the pack.

### Typical MSM Analysis

Test item	Specifications	Result
Appearance	White crystalline powder	Conforms
Assay	99.90% min	99.95%
Loss on drying	0.20% max	0.10%
Particle size	40-60 mesh	conforms

Origin: China – under GMP conditions

Suggested dose: It is better to introduce the product slowly starting with a quarter of a teaspoon (approximately 1gm) twice daily. Many users take between 1-4 gms each day but this can be adjusted according to the individual. Drink extra water for the first few weeks when you start to use MSM.

Pack sizes available: 250 gms packed in resealable foil pouch  
750 gms packed in resealable foil pouch  
1 kg packed in resealable foil pouch  
5 kgs packed in sealed poly bag  
25 kgs packed in 25 kg poly lined carton

Storage: Store in cool dry place in sealed container away from light

#### Disclaimer

Cyte Essentials accepts no responsibility for its accuracy nor do we accept responsibility for the use or effects of any product. If you have a condition that requires medical care consult a qualified physician. Inform your doctor before taking any herbal supplements if you are already taking prescribed medicines.