

## Maca powder

Maca powder has a high nutritional value and has a high content of essential minerals and vitamins including calcium, magnesium, potassium, phosphorus, iron, zinc, vitamin B1, B2, B12, C, E & alkaloids. It is also high in fibre, carbohydrates and protein.

It is a good supplement for those engaged in sports and helps to fight tiredness, build muscle and maintain stamina. It is also said to help improve your mood concentration.

Our product is 100% natural Maca powder.  
Certified organic.

### Typical Maca Powder Analysis

| Test item           | Result             |
|---------------------|--------------------|
| Source              | Maca root          |
| Appearance & colour | Light brown        |
| Humidity            | 6.80%              |
| Aerobics (UFC/g)    | 53x10 <sup>2</sup> |
| Yeast (UFC/g)       | Less than 10       |
| E.coli              | Absent             |
| Salmonella          | Absent             |

- Origin: Peru
- Suggested dose: Used as required depending on your application.
- Application: Can be taken on its own, used in smoothies and health shake drinks, sprinkled onto food and mixed into muesli and other cereals.
- Pack sizes available: 250 gms packed in resealable foil pouch  
500 gms packed in resealable foil pouch  
1 kg packed in resealable foil pouch
- Storage: Store in cool dry place in sealed container away from light

**Disclaimer**  
Cyte Essentials accepts no responsibility for its accuracy nor do we accept responsibility for the use or effects of any product. If you have a condition that requires medical care consult a qualified physician. Inform your doctor before taking any herbal supplements if you are already taking prescribed medicines.