

## Spirulina tablets

Spirulina is a blue green algae which is full of nutrients and easily digested. It is extremely high in protein content - 60-70% higher than any other natural food. It is also high in antioxidants like chlorophyll A & B & carotenoids and in vitamins B12 & B complex, iron and zinc.

Many users prefer to take spirulina in the form of tablets rather than the powder. The tablets provide the same nutritional benefits as the powder.

### Typical Spirulina Tablets Analysis

Test item	Specifications	Result
Appearance	Dark blue green	Conforms
Tablet size	500 mgm	500 mgm
Protein	52.00% min	58.60%
Moisture	8.00% max	6.60%
Pathogenic bacteria	Negative	Negative

Origin: China

Suggested dose: Between 5 -10 tablets each day can be taken but the dose can be adjusted according to the individual's needs. It is advisable when you start using spirulina to take extra water as this will help the body absorb it.

Pack sizes available: 500 x 500 mgm tablets packed in resealable foil pouch  
1,000 x 500 mgm tablets packed in resealable foil pouch

Storage: Store in cool dry place in sealed container away from light

Other ingredients: As with all tablets a binder and lubricating agent is used in the production of the product

#### Disclaimer

Cyte Essentials accepts no responsibility for its accuracy nor do we accept responsibility for the use or effects of any product. If you have a condition that requires medical care consult a qualified physician. Inform your doctor before taking any herbal supplements if you are already taking prescribed medicines.